

# Advancing student and staff health using COVID relief funding

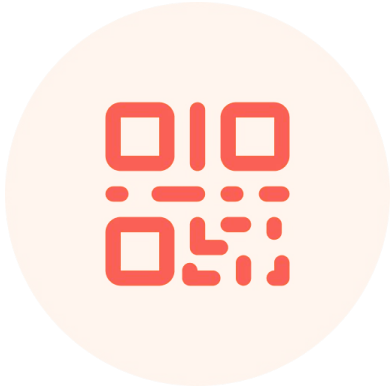
September 20, 2021  
12:00 PM



# Agenda

- Welcome and introductions
- Overview of federal COVID relief funds
- Implementation guidance from the ground
  - Napa County Office of Education
  - Placer County Office of Education
  - California School-Based Health Alliance
- Q and A

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#115872**

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## Who is in the "room?"

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# ESSER Basics

- Planning and coordination with public health
- Programs, outreach, and services
- Mental health services & integrated student supports
- Summer learning & supplemental after-school programs
- Supplies/training to ensure sanitation & minimizing spread
- Planning/coordination during long-term closures
- Improving distance learning & addressing learning loss
- Facility repairs & improvements to reduce risk of virus transmission

# Strategic Planning for Sustainable Impact

- **Short Term Projects (0-12 months):** Planning for school reopening, immediate response/restorative restart, initial planning
- **Mid-Term Projects (0-24 months):** Planning and executing sustainability strategies, including staffing, partnerships, capacity building
- **Long-Term Projects (0-36 months):** Health and wellness systems and infrastructure; continuous improvement systems and staffing; partnership and coalition building strategies
- **Forward Thinking (36 months+):** What funding sources can be leveraged to continue this work after COVID relief funds are spent?

Student and Staff Wellness Priorities	Short-Term Project (0-12 months)	Mid-Term Project (0-24 months)	Long-Term Project (0-36 months)	Forward Thinking... (36 months+)
<b>COVID Prevention</b>	<ul style="list-style-type: none"> <li>Plan for school reopening, immediate response/restorative restart, initial planning</li> <li>Purchase personal protective equipment (PPE) for school staff</li> <li> Hire staff or contract with organizations to facilitate testing and/or COVID vaccinations for eligible students</li> <li>Purchase supplies to sanitize and clean facilities</li> </ul>	<ul style="list-style-type: none"> <li>Develop and implement procedures to prepare for future, extended school building closures</li> <li>Invest in staff and time needed to establish community partnerships to ensure that eligible children have access to vaccinations, both for COVID and other viruses</li> </ul>	<ul style="list-style-type: none"> <li>Repair and improve school facilities, especially ventilation systems, to reduce exposure to COVID and environmental health hazards</li> <li>Review policies, protocols, and lessons learned to inform crisis responses in the future</li> </ul>	<ul style="list-style-type: none"> <li>What funding sources can be leveraged to continue this work after COVID relief funds are spent?</li> </ul>
<b>Student Mental and Physical Health and Wellness</b>	<ul style="list-style-type: none"> <li>Engage students, families, school staff and community partners to understand needs and priorities</li> <li>Conduct home visits to engage families and understand student needs</li> <li>Universally screen students for unmet physical and mental health needs as they are returning, including trauma and stress</li> <li>Fund school based health providers (e.g., nurses, social workers, psychologists) and community based health clinics to conduct screenings and deliver school-based or school-linked services</li> <li>Begin planning with community partners to develop or strengthen school-based wellness strategies, such as a school-based health center</li> <li>Provide training and support for teachers and school partners on SEL, trauma-informed practice, stress management</li> </ul>	<ul style="list-style-type: none"> <li>Scaffold implementation of trauma-informed school practices to reduce the stress many students and staff members are experiencing</li> <li>Implement and strengthen social and emotional learning programs</li> <li>Create a peer leadership/mentorship program</li> <li>Develop and implement mental health education curricula</li> <li>Invest in school health equipment (e.g., vision and hearing screening equipment, equipment)</li> <li>Purchase an electronic health record system or other data platform to support tracking of student health issues and associate care</li> <li>Invest in technology, training, and partnerships to establish and support a telehealth program</li> <li>Assess facilities options for establishing or retrofitting designated school health spaces</li> </ul>	<ul style="list-style-type: none"> <li>Cultivate and strengthen staffing and sustainability strategies that include community partners, families, public agencies</li> <li>Provide seed grants for implementation of school-based health centers</li> </ul>	<ul style="list-style-type: none"> <li>Title V Maternal and Child Health Services Block Grant Program (funding to local public health departments)</li> <li>Medicaid (concurrent need for contact tracing, testing and vaccine administration)</li> <li>Community benefit funding from local, non-profit hospitals</li> </ul>
<b>Staff and Teacher Well-being*</b>	<ul style="list-style-type: none"> <li>Implement best practices for indoor air quality improvement (e.g., purchase new HVAC systems air purifiers)</li> </ul>	<ul style="list-style-type: none"> <li>Establish or renovate a designated staff wellness space</li> <li>Establish processes that support collaboration and shared decision making among staff, teachers and administrators about their well-being</li> </ul>	<ul style="list-style-type: none"> <li>ESSA Title I, II and IV funding</li> <li>USDA meal reimbursement</li> <li>Medi-Cal</li> <li>Federal grant funding (e.g. Project AWARE, School Climate Transformation Grants)</li> <li>Community benefit funding from local, non-profit hospitals</li> <li>Funding from community partnerships and local philanthropy</li> </ul>	<ul style="list-style-type: none"> <li>ESSA Title I, II and IV funding</li> <li>USDA meal reimbursement</li> <li>Medi-Cal</li> <li>Federal grant funding (e.g. Project AWARE, School Climate Transformation Grants)</li> <li>Community benefit funding from local, non-profit hospitals</li> <li>Funding from community partnerships and local philanthropy</li> </ul>

# CA FY '21-22: Comprehensive Approach to Wellness

- \$1 billion ongoing Proposition 98 and \$753 million for **expanded learning time**;
- \$52 million for professional development on **social-emotional learning & trauma-informed practice**; \$10 million to support local education agencies (LEAs) in effectively **using Medi-Cal**;
- \$4.4 billion to create a new **behavioral health system for youth ages 0 to 25**, with an emphasis on school-based services;
- \$2.8 billion to expand **Full Service Community Schools**;
- \$7 million in ongoing federal funding to expand **family empowerment centers**;
- \$12 million to support **school climate surveys**;
- \$50 million in one-time funds for **MTSS**;
- Breakfast and lunch for all students through the **Universal School Meals Program** by increasing state meal reimbursements by \$54 million in the 2021-22 fiscal year and \$650 million ongoing Proposition 98 funding beginning in 2022-23

# The Foundations



Equitable engagement	Engage caregivers, youth, and community members to identify concerns/priorities.
Identify priorities	Use accessible health data and community knowledge to inform priorities.
Map your assets	Identify existing health/wellness assets in your school and community that can be leveraged and amplified with COVID relief funding.
Spend strategically	Choose interventions to meet identified needs.
Plan for sustainability	Identify mechanisms for sustainable funding and programming





NAPA COUNTY OFFICE  
OF  
EDUCATION

Joshua Schultz  
Deputy Superintendent / CBO  
[jschultz@napacoe.org](mailto:jschultz@napacoe.org)

# Funding Timelines

- In Person Instruction Grants 8/31/2022
- Expanded Learning Opportunities (AB 86) 8/31/2022
- ESSER I 9/30/2022
- Expanded Learning Opportunity Prog YR 1 6/30/2023
- ESSER II 9/30/2023
- ESSEER III 9/30/2024
- CA Community Schools Partnership Act 6/30/2028
- MTSS ?
- LCFF No deadline\*

# Give Yourself Permission to Think Strategically

- Start with the plans you already have - LCAP, Strategic Plans
- Don't recreate the wheel (even if you are being asked to do so... )
  - AB130 - Special Education Funding/Plan(s) - SELPAs (10.01.21)
  - ESSER III Safe Return to In-Person Instruction and Continuity of Services Plan (revise at least every 6 months until 09.30.23)
  - ESSER III Expenditure Plan (10.29.21)
  - AB130 - Educator Effectiveness Block Grant (12.30.21)
  - AB130 - A-G Completion Improvement Grant (01.01.22)
  - AB130 - LCAP "One Time Supplement" (present by 02.28.22)
  - AB130 - CA PreK Planning & Implementation Grant (06.30.22)
  - AB130 - New LCAP template being developed by 01.31.22 (06.30.22)
- Do take the opportunity to stop doing things that were not working before the pandemic.

# One Time Funds

- Not for ongoing costs (i.e., things that eat)
- Think flexibly (but know the rules)
- One time investments with a long term payoff
  - Capacity building / PD
  - Infrastructure
- Criteria for success for new investments? Timeline for reevaluation?

PCOE

GOLD IN EDUCATION

**Gayle Garbolino-Mojica**

*County Superintendent of Schools*

**Michael Lombardo,  
Executive Director  
Prevention Supports  
and Services**

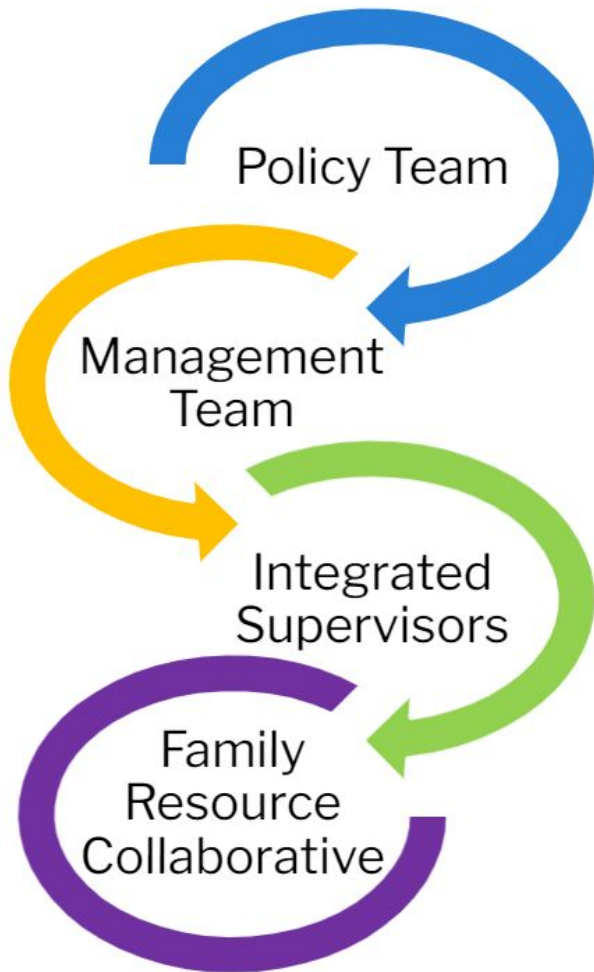
**[mlombardo@placer](mailto:mlombardo@placer)**

**[coe.k12.ca.us](http://coe.k12.ca.us)**

“Alone we can do so little; together we can do so much.”

-Helen Keller



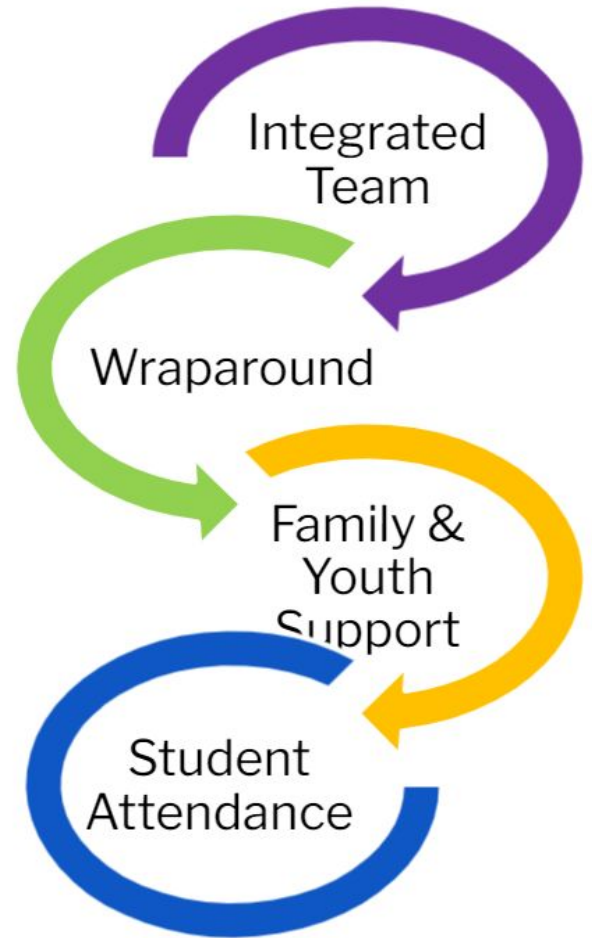
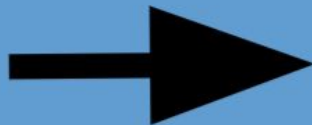


## Integrating Family & Youth at all Levels

**Policy Structure**



**Services Integration**



# Integrating Multi-tier Support Between Public Agencies, Community Agencies and Schools

- Integrated **Collaborative** System of Care
- School based teams
- Nesting providers into school sites
- Coordinating connections between providers and schools



# First and Foremost

It's Collaboration



Not Clobberation





# Braid Funding Sources to Maximize Impact of Services

Core/DA

ESSER

Medi Cal

Restricted

Stronger  
Outcomes &  
Sustainability



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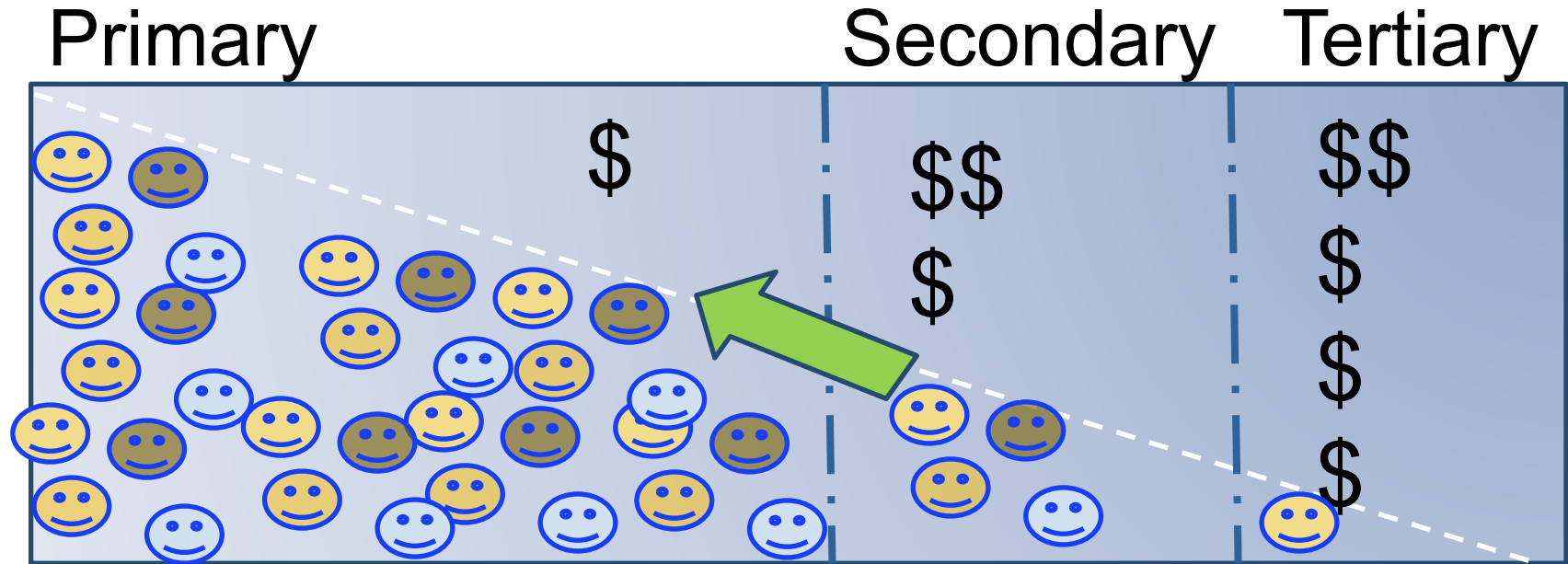
Local MHSA

Philanthropy  
/ Grants

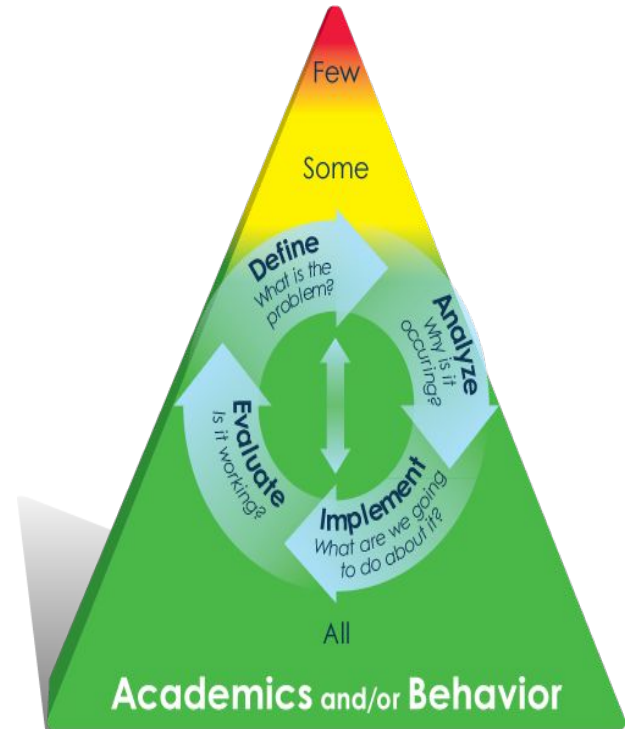
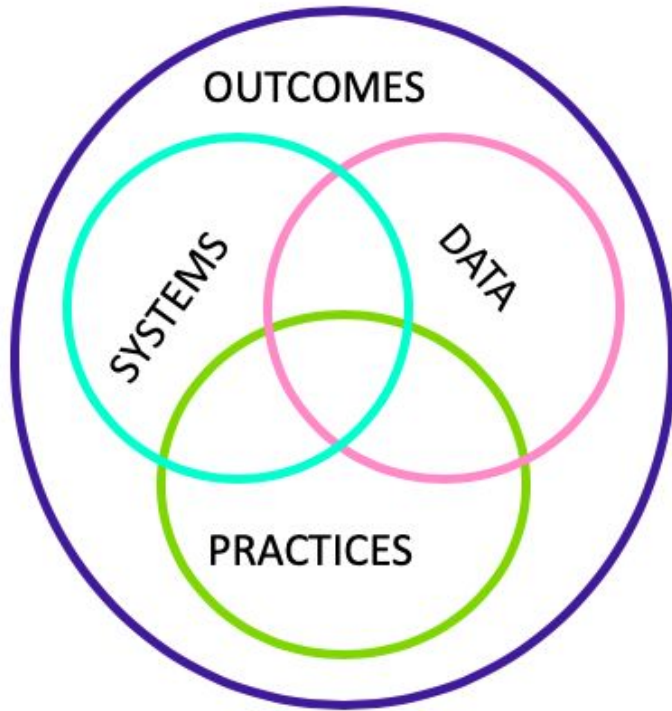


Stronger  
Outcomes &  
Sustainability

Primary prevention helps more students with lower cost...



# Organize Supports



# Use Multi Tier System of Support (School)

## **Tier III: Individual Practical Behavior Plan**

**Special Education**

**Wraparound**

**Applied Suicide Intervention Training**

**Incredible Years**

## **Tier II: Check In Check Out**

**Check and Connect**

**Second Step Teaching Pro-Social Skills**

**Steps to Respect**

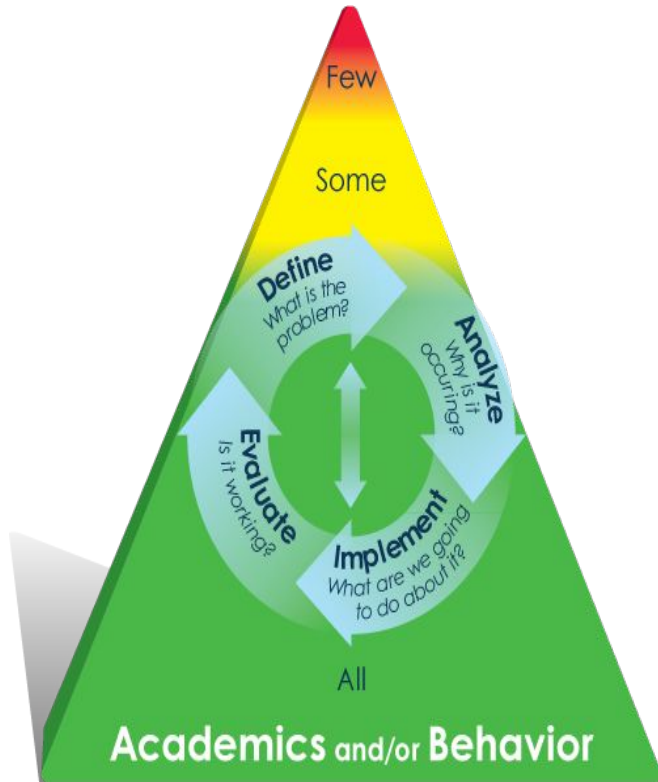
**Mental Health First Aid**

## **Tier I: Universal Interventions – All Students**

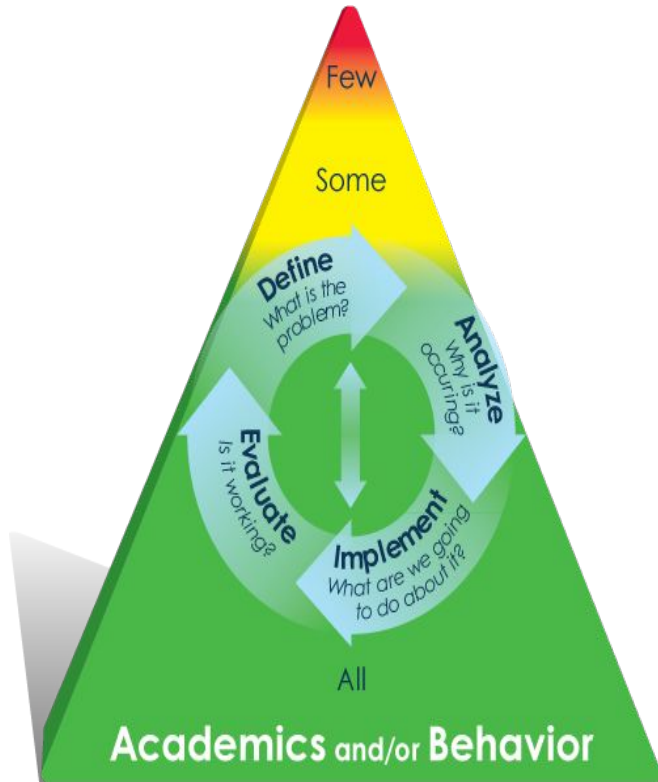
**Second Step Kognito At Risk**

**Simulation Steps to Respect**

**NAMI On Campus High School**



# Use Multi Tier System of Support (Community)



## Tier III: Functional Family Therapy

Wraparound

Parent Child Interactive Therapy

Incredible Years Maternal Depression

Trauma Focus Cognitive Behavior Therapy

## Tier II: A2Y Mentor Program

Active Parenting

Teaching Pro-Social Skills

White Bison

Native Art/Drumming

Parent Project/Parent Project Latino

## Tier I: Universal Interventions – All Students

Network of Care / 211 Resources

Sierra Native Alliance

Latino Leadership Council

# Monitor and Selection of Best Practices

## Selection - Hexagon Tool

**The Hexagon Tool**  
Exploring Context

The Hexagon Tool can be used as a planning tool to evaluate evidence-based programs and practices during the Exploration Stage of Implementation.

See the Active Implementation Hub Resource Library <http://implementation.hog.unc.edu/>

EBP:			
5-Point Rating Scale:			
High = 5; Medium = 3; Low = 1.			
Middle boxes can be used and scored as a 2 or 4.			
	High	Med	Low
Need			
Fit			
Resource Availability			
Evidence			
Readiness for Replication			
Capacity to Implement			
<b>Total Score</b>			

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Adapted from work by Laurel E. Kiser, Michelle Zand, Robert A. Doherty, and Jean Smith (2009)

## Monitor - Initiative Inventory

**NIRN Initiative Inventory**

This tool can be used to guide your team's review of past and current programs to get a clear picture of existing programs, practices, innovations, initiatives, and resource commitments. Information and data collected can be used by the organization when exploring fit of additional initiatives with current work, guiding decision making to make room for new work, and assisting with alignment of initiatives.

Name of innovation or initiative		
Leadership of Initiative (Team and/or Coordinator)		
Expected Outcome		
Target Population and Scale of Intended Use		
Start and End Date		
Financial Commitment and Source of Funding		
Resources Needed		
Relation to Organization Priorities & Strategic Plan		
Measures of Outcomes		
Evidence of Outcomes (What has happened thus far?)		
Measures of Implementation		

Adapted from MBEL's (4/15/10), ISA (10/15/09), C-Sigma (1/2001).

**SISEP**

The Active Implementation Hub. All Modules and All Lessons are developed and maintained by The National Implementation Research Network (NIRN) at The University of North Carolina at Chapel Hill's Child Development Institute. Copyright 2013-2020. Learn more: [nirn.hog.unc.edu/ahub](http://nirn.hog.unc.edu/ahub)



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL



**NIRN** | NATIONAL IMPLEMENTATION  
RESEARCH NETWORK  
FRANK PORTER GRAHAM CHILD DEVELOPMENT INSTITUTE

# Monitor and Selection of Best Practices

## Selection - Hexagon Tool

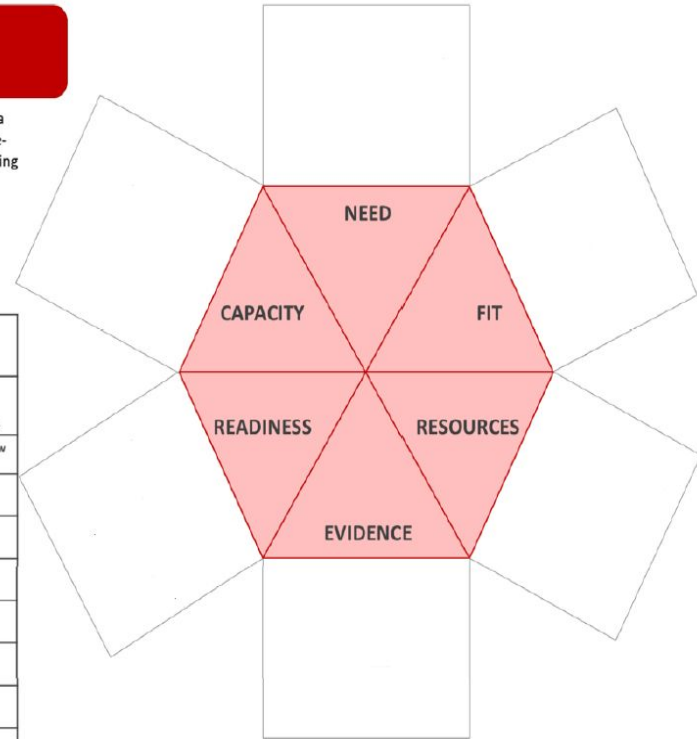
<https://nirn.fpg.unc.edu/resources/hexagon-exploration-tool>

### The Hexagon Tool Exploring Context

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Adapted from work by Laurel J. Kiser, Michelle Zabel, Albert A. Zachik, and Joan Smith (2007)





# Monitor and Selection of Best Practices

## Monitor - Initiative Inventory

<https://nirn.fpg.unc.edu/resources/initiative-inventory>

**NIRN** THE NATIONAL IMPLEMENTATION RESEARCH NETWORK

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Evidence of Outcomes What has happened thus far?		
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Adapted from MiBLSI (4/15/10), ISSA (10/19/09), G.Sugal (1/26/01)

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Learn more: [nirn.fpg.unc.edu/ai-hub](https://nirn.fpg.unc.edu/ai-hub)



# Lisa Eisenberg

Policy Director,  
CA School-Based Health Alliance  
[schoolhealthcenters.org](http://schoolhealthcenters.org)



# Putting Health Care in Schools

The California School-Based Health Alliance is the statewide non-profit organization dedicated to **improving the health & academic success** of children & youth by **advancing health services in schools.**

Learn more:

[schoolhealthcenters.org](http://schoolhealthcenters.org)



# WHAT IS A SCHOOL-BASED HEALTH CENTER?

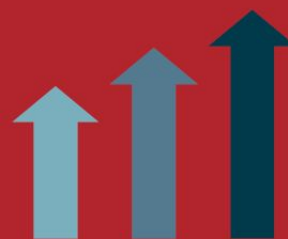
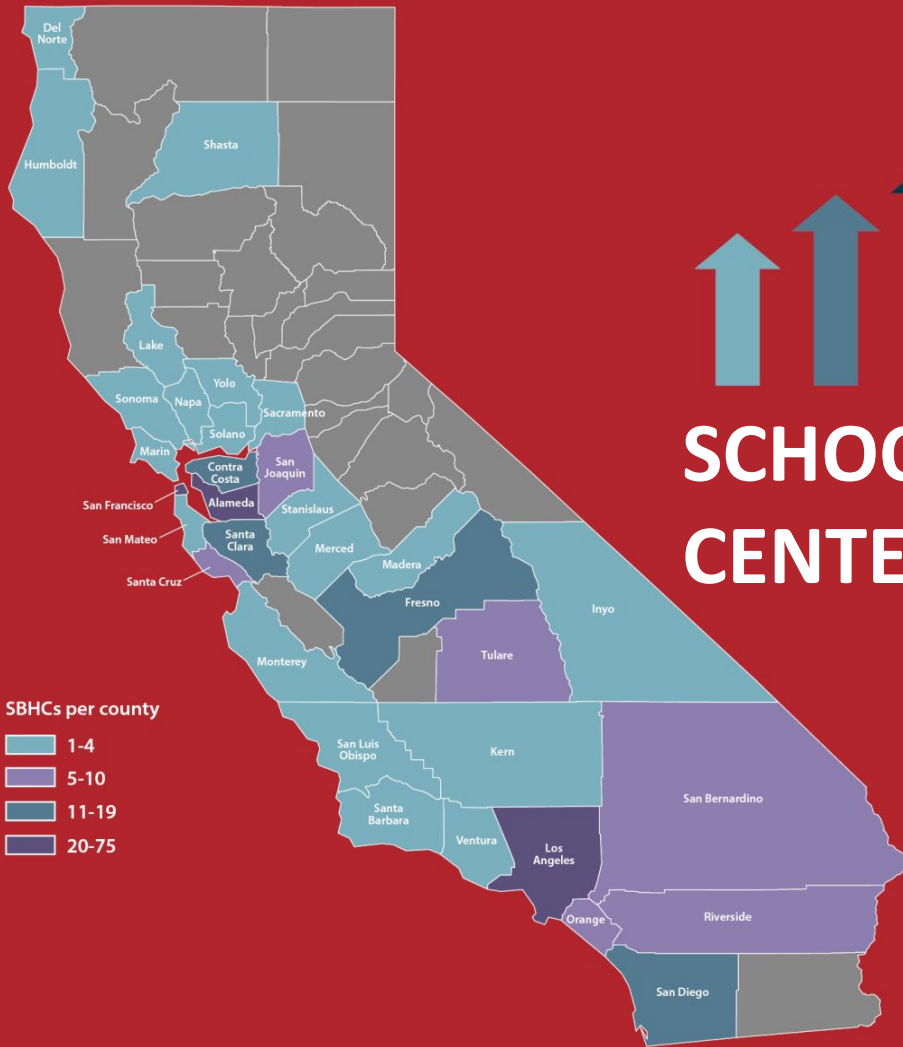
**Delivers primary medical care  
PLUS**

**Located on or near a school  
campus**

**Serves students** and sometimes  
siblings, family members, and the  
community

**Promotes school-wide health**





# 293

## SCHOOL-BASED HEALTH CENTERS AND GROWING

SBHCs per county

- 1-4
- 5-10
- 11-19
- 20-75



**WHY SBHCS?**



# Short → to → Long-Term Strategies

Leverage existing SBHCs or partner with community-based health providers to conduct screenings, test for COVID, and address unmet health needs.

Convene a planning group to develop or strengthen school-based wellness strategies, such as planning for an SBHC.

Create a student/peer advisory group to assess student health needs and recommend strategies for improving access to school-based health services.

Assess facilities options for establishing or retrofitting designated school health spaces, such as an SBHC.

Develop MOUs and referral protocols with community-based and school-based health providers.

Provide seed start-up/facility funding for SBHCs.

Leverage community providers to sustain services through health care & Medi-Cal reimbursements.

# Next Steps & Considerations

Preliminary needs assessment: what exists already? what are the health care needs of students?

California Healthy Kids Survey

Free and reduced price meal rates, Medi-Cal rates

County public health indicators

School indicators like chronic absence, drop-out



WHAT DO YOU  
HAVE ALREADY?

Build a network of champions

School leadership, school nurses, county resources, other community providers, students, parents

Create a “runway” to sustainability

Even reimbursable health services do not immediately generate revenue to cover the costs



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## Audience Q&A Session

① Start presenting to display the audience questions on this slide.

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**What additional tools, supports or resources would strengthen your efforts to best use ESSER funding?**

① Start presenting to display the poll results on this slide.